



### January National Health Observances

[National Birth Defects Prevention Month](#)

[National Blood Donor Month](#)

[National Cervical Health Awareness Month](#)

[National Glaucoma Awareness Month](#)

[National Radon Action Month](#)

[Thyroid Awareness Month](#)

[Stalking Awareness Month](#)

*The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.*

### Upcoming Workshops

**Stewards of Children** - Join **Children's Healthcare of Atlanta** as Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

Children's Healthcare of Atlanta  
Office Park Learning Center  
1680 Tullie Circle NE  
Atlanta, GA 30329

**Contact:** Angie Boy- 404-785-5004

[cpctraining@choa.org](mailto:cpctraining@choa.org)

**On-Demand Child Sex Trafficking Trainings**

### Counseling & Social Services

**Back-to-School Safety During COVID-19: Tips for Families, Guardians, Caretakers**

Social isolation and school closures have added a lot of stress to children's lives. The Association for Professionals in Infection Control and Epidemiology and National Association of School Nurses released a resource to help parents, guardians, and caretakers help children cope and keep them S.A.F.E. through Support, Action, Facts, and Engagement. Download the [NASN document on back-to-school safety](#). View the [Spanish version document](#).

**Not just ADHD? Helping Children with Multiple Concerns**

Many children with attention-deficit/hyperactivity disorder (ADHD) have other concerns or disorders. Recognizing symptoms of ADHD and other disorders and finding ways to help children can be a challenge for families. The Centers for Disease Control and Prevention (CDC) compile resources for families and schools on how to help children who have ADHD and other disorders. View [CDC's resources about ADHD and other disorders](#).

## Healthy School Environment

### [Vanquishing Vaping Toolkit](#)

According to the 2020 National Youth Tobacco Survey, 19.6% of high school students and 4.7% of middle school students reported using e-cigarettes. To assist school nurses in addressing this issue, the National Association of School Nurses (NASN) has assembled the Vanquishing Vaping Toolkit. This toolkit has information and resources to support school nurses in implementing evidence-based programs in their schools, including planning for sustainability and building collaborations with key stakeholders. View the [Vanquishing Vaping Toolkit](#).

### [Notes for Educators and Nurses - Pediatric Environmental Health Specialty Unit](#)

Do you have questions about children's symptoms that may be related to environmental exposures? The Pediatric Environmental Health Specialty Unit (PEHSU) is available to answer questions from healthcare professionals, parents, school officials, or other community members on many areas of special interest including school environmental health. The PEHSU that serves Georgia is the Southeast Center for Pediatric Environment Health (SECPEH) at Emory University. [Learn more about the PEHSU](#) here and contact them with any questions.

### [Guidance from EPA on Schools and COVID-19](#)

The Environmental Protection Agency (EPA) released the best cleaning and disinfecting practices for schools during the COVID-19 pandemic. Their website includes guidance, resources, and frequently asked questions on COVID-19, as well as links to important information on COVID-19 from other federal agencies. View the [EPA's guidance and resources on cleaning and disinfecting](#).

### [Asbestos and School Buildings](#)

The Environmental Protection Agency recently hosted the EPA Region 5 Asbestos Hazard Emergency Response Act Webinar Series: "How to Manage Asbestos in School Buildings." This webinar training series is designed to assist schools in understanding their federal regulatory responsibilities under the AHERA. Learn more about the [webinar series and view resources](#) here.

## School Health Services

### [School Nurse-Led Case Management](#)

The National Association of School Nurses (NASN) hosted a School Nurse-Led Case Management program. The program was designed to refresh school nurse perspectives about how the application of the nursing process guides the provision of SNLCM for vulnerable students. This free 1.0 Continuing Nursing Education provides evidence-based current information, tools/resources, and strategies that will support the school nurse role in promoting health equity for students with known and suspected health conditions using SNLCM. Sign up and learn more about the [SNLCM program](#).

### [Sesame Street in Communities Vaccine Webpage](#)

Sesame Street in Communities created a new webpage featuring resources to help educate children and parents about the COVID-19 vaccine. The webpage contains videos, printable worksheets, and coloring pages for different age groups and student populations. View the [resources from Sesame Street in Communities](#).

## Nutrition Services

### [Coast to Coast Virtual School Garden Tour and Activities](#)

Students are invited to go on a journey through school gardens across the country – from the Big Island of Hawai'i to Washington, DC – with Growing School Gardens! Through this virtual tour students will be meeting with other students in diverse communities to engage in hands-on learning, growing healthy food for themselves and their communities, and becoming caretakers of their local environments. View the [Growing School Gardens videos and activities](#).

### [USDA School Meal Supply Chain Resources](#)

The United States Department of Agriculture is aware that some school districts are experiencing challenges with purchasing and receiving food through normal channels, including unanticipated cancellations, substitutions, or increased prices. Therefore, USDA has provided a variety of school meal program flexibilities, waivers, and training resources to help school districts navigate supply chain challenges and provide healthy meals to children. Please see the [School Meal Supply Chain resource](#) for more information about these flexibilities and visit the [Team Nutrition Webinars and Training](#) page for additional training materials and School Year 2021-2022 webinars for [School Food Authorities](#).

Employee Wellness

**Healthy Teachers Program**

Teachers with more knowledge about nutrition and healthy eating can not only lead healthier lives, but also can be stronger role models for kids and better advocates for school wellness policies. The Institute of Child Nutrition released a free two-hour nutrition and cooking class for teachers. The interactive class breaks down nutrition into digestible information that everyone can use. Learn more and [sign up for the nutrition and cooking course](#).













Fueling Georgia's Future

January Harvest of the Month

**GREENS**

**Georgia Grown Resources**

**Classroom Resources:** Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p><b>JULY</b> Peaches</p> 	<p><b>AUGUST</b> Watermelon</p> 	<p><b>SEPTEMBER</b> Apples</p> 
<p><b>OCTOBER</b> Zucchini</p> 	<p><b>NOVEMBER</b> Sweet Potatoes</p> 	<p><b>DECEMBER</b> Lettuce</p> 
<p><b>JANUARY</b> Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p><b>FEBRUARY</b> Cabbage</p> 	<p><b>MARCH</b> Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p><b>APRIL</b> Strawberries</p> 	<p><b>MAY</b> Blueberries</p> 	<p><b>JUNE</b> Tomatoes</p> 

Funding Opportunities

**Get a Salad Bar in Your School**

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

**Target Field Trip Grants**

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

**Apply for a Grant to Improve Your Community**

If you have a plan for helping your community but need some money to get started, Walmart may be able to help. Walmart's Local Community Grant Program awards grants to eligible kindergarten-through-12th grade public, private or charter schools. Proposed projects could be a soup kitchen, food pantry, clothing closet or other activities that benefit the community at large. Visit the [Local Community Grant Program](#) for a complete list of eligibility requirements and areas of funding.

**NASN Research Grants**

Purpose: To encourage and support research regarding school nursing and health of school aged children.

To advance and fund quality school nursing practice and school-affiliated delivery of healthcare.

**2022 Farm to School Grant**

The United States Department of Agriculture (USDA) is requesting applications to the 2022 Farm to School Grants. There are three types of grants available, and the grant awards range from \$50,000 to \$500,000. The application is due January 10, 2022. View the USDA application request on [Grants.gov](#) for eligibility requirements and how to apply. [Sign up for the USDA webinars](#).



## Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

Resources obtained from the [National Association of School Nurses Website](#)



## School Health Resources

### Department of Public Health– School Health Program

The GA Department of Public Health provides leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting. For more information contact:

Elin Brumbaugh RN, BSN- Deputy Chief Nurse for School Health  
[Elin.Brumbaugh@dph.ga.gov](mailto:Elin.Brumbaugh@dph.ga.gov)



### Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests email [schoolhealth@choa.org](mailto:schoolhealth@choa.org)

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

## CHOA Events and Trainings

### Diabetes Caregiver Class

Tuesday, January 25 from 8:30 a.m.-12:00 p.m.

### Virtual Diabetes Caregiver Class

Tuesday, February 1 from 8:30 a.m.-12:00 p.m.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Please use the QR Code below to sign up for the *Georgia Student Wellness Educating the Whole Child Newsletter*

